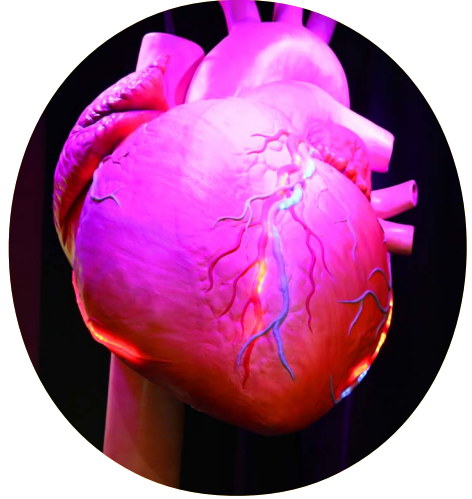




The
Health
Museum

JOHN R MCGOVERN MUSEUM OF
HEALTH & MEDICAL SCIENCE

IMPACT REPORT

The mission of
The Health Museum is
to foster wonder and
curiosity about health,
medical science and
the human body.

Message from the CEO

Hello museum friends,

As we look back on another year of growth, innovation, and expanding partnerships at The Health Museum, we are filled with excitement – not just for what we have achieved, but for the opportunities that lie ahead.

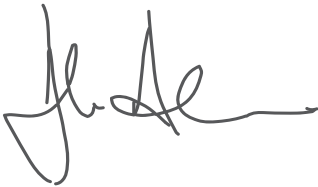
This past year, we strengthened our internal team and built powerful collaborations with remarkable organizations including the Texas Medical Center, The University of Texas MD Anderson Cancer Center, Unlikely Collaborators, and the City of Houston. Together, we have been able to amplify our mission and deepen our impact across the community.

One of our new initiatives, the Healing Arts program, brought creativity and learning beyond our walls – reaching children in local schools with engaging activities designed to promote the intersection of mental health and healing. Their final artwork creations were displayed in the museum.

We also spearheaded vital public health efforts, from emergency blood drives and lower-income vaccination clinics to shining a spotlight on the effects of gun violence through our photographic exhibition, *77 Minutes*.

In a world where access to credible health information is important, The Health Museum remains a trusted place for learning, discovery and dialogue, shedding light on health issues that connect us all.

To a healthier future,

A handwritten signature in black ink, appearing to read 'John Arcidiacono', with a long horizontal flourish extending to the right.

John Arcidiacono
President & CEO





Creative Studio guests collaborate on a group painting with artist Mathieu NJ Baptiste



Contemplation in Rainbow Colors by Sayaka Ganz, a sculpture created from recycled plastics and exclusively for the Museum



Artists and guests at *Age in Our Times* exhibit opening reception



Scouts learning first aid skills



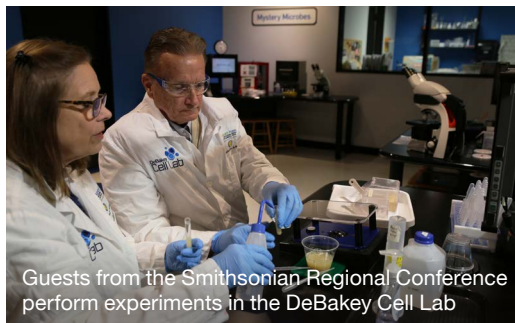
Guests view plastinations of the human heart at *Body Worlds 101*



Families have fun making poop slime at the H-E-B Kids Creative Zone, Art Car Parade



Students tour the Cardiac Catheterization Lab at Ben Taub during Global Teen Medical Summit



Guests from the Smithsonian Regional Conference perform experiments in the DeBakey Cell Lab



Guests learn anatomy from dissecting a rat during Doc Dissections

2025 Highlights



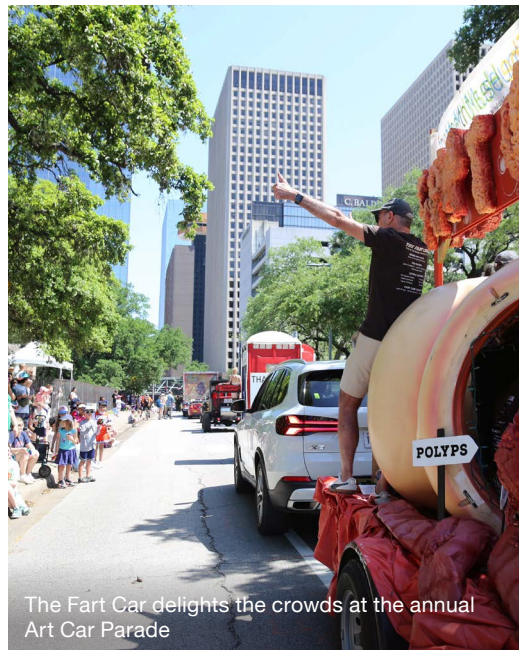
Seniors from the Great Age Movement enjoy a lively visit to the Museum while embracing a path to health and wellness



Dr. Irving Finkel and Dr. Peter Hotez discuss ancient Mesopotamian medicine



Guests enjoy MD Anderson Day alongside Dynamo Diesel from the Houston Dynamo



The Fart Car delights the crowds at the annual Art Car Parade



Field trip students engage in hands-on learning with the Discovery Lung Cart conducted by nursing students from UTHealth Houston



Dr. Wood guides guests at a heart dissection event

Exhibits



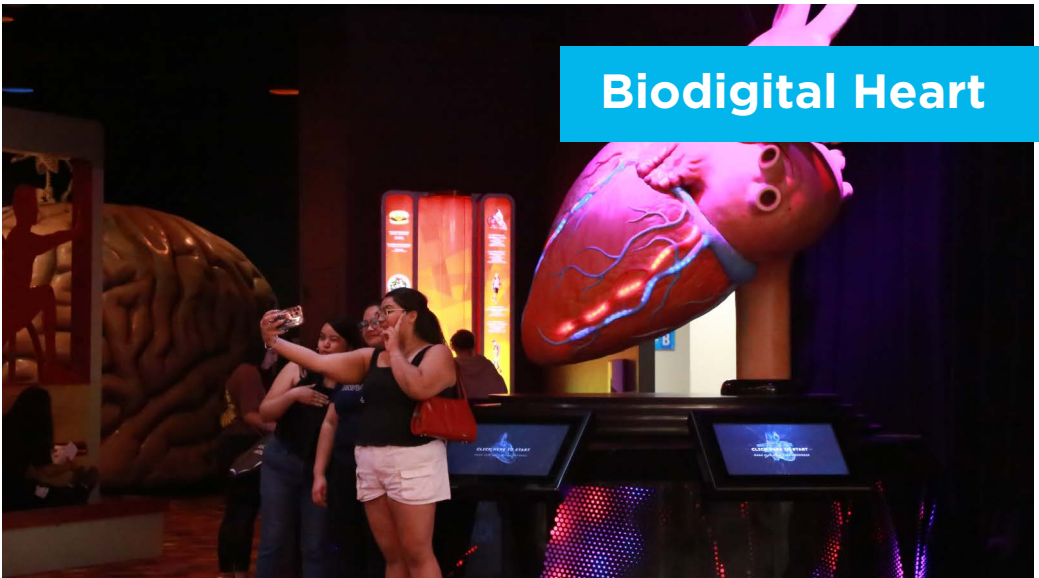
Body Worlds 101

The Health Museum was honored to premiere Body Worlds 101: The Core of Life, a bespoke version of Body Worlds that was curated specifically for our gallery. The exhibition took guests on a journey through the human body with visuals and information about the cardiovascular, digestive, nervous, and reproductive systems, and more – all the different systems that power our day-to-day existence.



Reclaimed Creations

This exhibition showcased the sculptures of Sayaka Ganz—the “3D impressionist”—who transforms reclaimed plastic utensils into vibrant human and animal forms. It also featured interactive displays exploring how plastics affect daily life.



Biodigital Heart

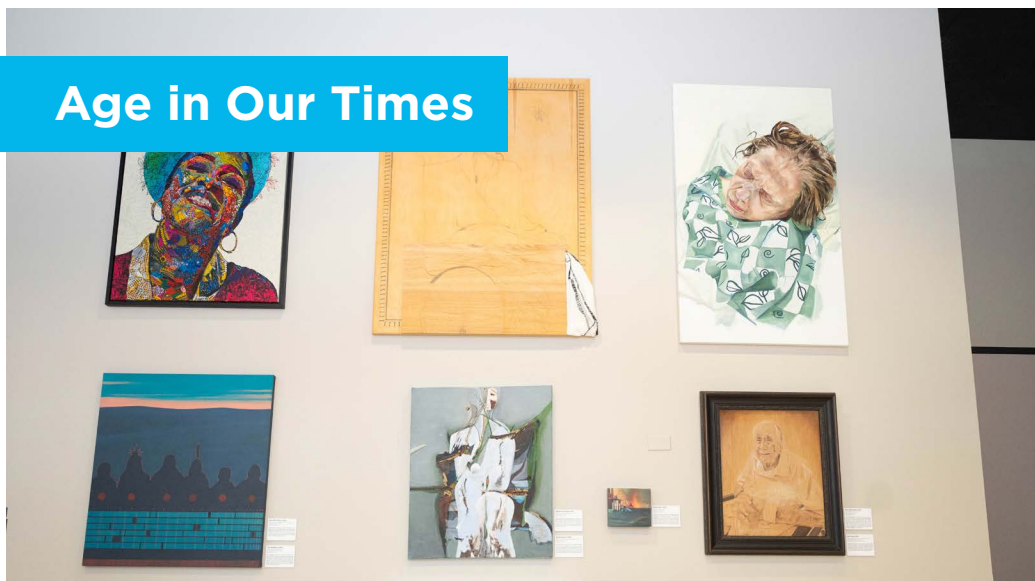
Our ever-popular, oversized beating heart got a glow up! Five new, bilingual stations give guests the opportunity to explore the anatomy and physiology of the heart and learn about common cardiovascular conditions and procedures. Our heart is not just beating; it is beating with a purpose!

77 Minutes



Created by local artist Sarah Sudhoff, *77 Minutes* addressed the time it took to stop the school shooting at Robb Elementary School in Uvalde, Texas. In partnership with the families, Sudhoff used photographs of the victims' shoes and vellum portraits of their families to help a community heal, and to raise awareness on the devastation of gun violence.

Age in Our Times



This Healing Arts exhibition highlighted 38 local artists and writers who explore both the joys and challenges of aging. Their personal, multicultural stories create an intergenerational dialogue that honored older adults and caregivers, inspiring visitors to view aging more compassionately as a shared, continually evolving human experience.



Programs

The museum's programs remained a cornerstone of our community, offering people of all ages the chance to engage in activities and classes that are educational, unique, and fun. This year, our offerings continued to grow with the return of successful pilot events like National DNA Day and refreshed signature programs such as Discovery Camps, Scouts, and Doc Dissections. We also broadened our reach with new initiatives—including the Healing Arts series and InnerSections—further enriching the diverse experiences available to our visitors.

Scouts



Our re-energized Scouts program delivered a year full of energy and excitement. We elevated our programming by adding Cub Scouts and Girl Scouts, expanding age groups and badge opportunities. We also piloted an overnight “Night at the Museum” experience, where Scouts earned badges while enjoying behind-the-scenes tours.

Doc Dissections



One of the museum’s signature programs, this experience invites guests to dissect an organ under the guidance of a physician or surgeon, and a museum science educator, learning anatomy and ways to maintain a healthy body. The program is in high demand and consistently sells out.

Field Trips

Over 21,000 attendees visited the Museum from public, private and charter schools. Students were offered interactive exhibits and guided learning that broaden access to health and science education.



Discovery Camps

Discovery Summer Camp students dive into summer fun, from organ dissections and veterinary science to simulated surgeries and culinary science, exploring the human body through engaging activities.



National DNA Day

National DNA Day brought the community together for hands-on genetics activities, where visitors of all ages explored DNA through fun, hands-on experiments.



Community Dialogue

InnerSections: Beyond the 77 Minutes examined gun violence as a public health issue, using art and storytelling to explore its impact on the community.



Community

Outreach in Action

One of our strategic priorities this year was to meet people where they are by bringing programs directly into the community. These efforts expanded access to education on healthy living, supporting both physical and mental well-being for diverse audiences across the city. The museum participated in community events such as National Night Out, the Bayou City Art Festival, and Ion Family Tech Festival, extending our reach beyond the museum walls. Museum educators and program managers also visited school campuses to lead hands-on dissections, interactive learning experiences, and a focused series highlighting art as a tool for increasing health literacy.

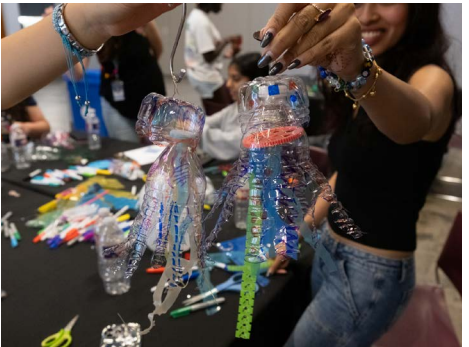


Healing Arts in the Community



In addition to showcasing community-created artworks focused on caregiving and aging, the Healing Arts Program expanded through partnerships with DeBakey High School for Health Professions and BakerRipley. Students learned the importance of art as a healing tool, with select works exhibited at the museum.

100 Day Challenge



In conjunction with the traveling exhibition *Reclaimed Creations* and former City Council Member Letitia Plummer's *100 Day Challenge*, the museum advanced sustainability efforts aimed at reducing plastic use and raising awareness of plastic waste. The museum partnered with SPLASH Texas for Bayou Collection Days, installed recycling bins throughout the facility, and offered special programming, including an artist talk on transforming plastic waste into art.

New Diabetes Discovery Cart



The museum partnered with UHD Downtown and Diabetes Awareness and Wellness Network to develop the Diabetes Discovery Cart, expanding the education and outreach effort on diabetes awareness and prevention.



TMC Helix Park

The museum brought clay monsters to the Flutter & Fly event—where bold imaginations and curious minds came together.



The Art Car Parade

The Fart Car appeared at the 38th Annual Houston Art Car Parade, engaging the community with a playful and educational celebration of colon health and plenty of farts!





Bayou City Art Festival

The museum joined the Bayou City Art Festival as a selected Nonprofit Partner at the Active Imagination Zone.



Blood Drive

The Health Museum partnered with Gulf Coast Blood to host community blood drives, empowering guests to make a lifesaving impact through blood donation.



Environmental Learning

The museum brought hands-on learning to Hermann Park's Wortham Pavilion, engaging children with plastic nurdle activities during the Great Elephant Migration and inspiring conversations about environmental health.

Additional Community Engagement in 2025

CITGO
The Emery/Weiner School
Harris Health
Hilton Americas
Houston Roughnecks
The Ion
Mark Twain Elementary School
Mayor's Back 2 School & Health Fair

Moody Gardens
METRO Houston
Pride Houston 365
Region 4 STEM Conference
Science & Engineering Fair of Houston
Third Ward Health Collaborative
Wilchester Elementary School
The Women's Fund



Pipeline Workforce

Global Teen Medical Summit

The 2025 Global Teen Medical Summit brought together students from around the world for an immersive week of medical exploration, featuring hands-on labs, behind-the-scenes tours of medical facilities, and engagement with healthcare professionals. Participants visited institutions across the Texas Medical Center—including the Cardiac Catheterization Lab at Ben Taub Hospital, LifeGift, the DeBakey Library and Museum—and experienced the TMC Innovation Factory for emerging technologies in action.



Nursing Students Support Health Awareness

Through partnerships with local schools, the museum is expanding interactive learning with our Discovery Carts—engaging the community with activities that raise awareness about the effects of smoking and vaping, while giving future healthcare professionals an opportunity to hone their science communication skills.

Education & Workforce Partners

Internships

University of Houston
UH Downtown
Houston Academy for International Studies Early College High School
Cristo Rey Jesuit
College Preparatory School
SER Jobs/Bank of America

Volunteers

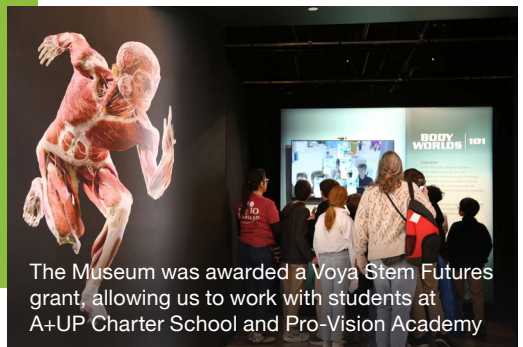
HCA Houston Healthcare
Texas Women's University
UH Metropolitan Volunteer Program
UHD Service Learning
UTHealth Nursing
UTMB Nursing

“The internship experience has been truly amazing. I used the Discovery Carts to educate people of all ages about their health, their body, and I will use these skills for my future career.”

– Intern, Summer '25



Summer interns receive training on the museum's Discovery Carts



The Museum was awarded a Voya Stem Futures grant, allowing us to work with students at A+UP Charter School and Pro-Vision Academy

Annual Gala

2025 Health Heroes Gala

The 2025 *Health Heroes* Gala took place at the Hotel Zaza in the Museum District. With a sold-out ballroom, emcee Maggie Flecknoe guided guests expertly through an inspirational night of honoring Elizabeth McIngvale for her amazing breakthrough work with mental health. Guests enjoyed bidding on Mystery Boxes and live auction, and celebrating The Health Museum's mission.

(L-R): President & CEO: John Arcidiacono, Gala Honoree: Elizabeth McIngvale
Gala Co-Chairs: Ed & Lynn Jones, Chair of the Board: Susan Bickley



Jim “Mattress Mack” McIngvale reflects on his family’s journey and daughter Elizabeth’s remarkable path from severe OCD to national mental health advocate.

\$430,000

from more than

200 attendees

raised

“My experience at The Health Museum solidified my dream of becoming a pediatrician and making meaningful contributions to medicine.

– Rahmatoulie Loppay,
DeBakey Cell Lab Intern
Summer ‘25



Student speaker
Rahmatoulie Loppay



Camp instructor
Vanessa Garcia

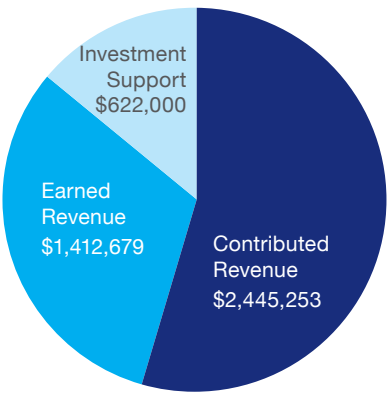


Susan and Denis DeBakey with
Elizabeth McIngvale

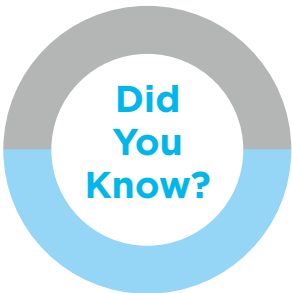
2025 Financials

Operations

Total Revenue
\$4,479,932



Temporarily Restricted Funds Released	-
Temporarily Restricted Funds Added	\$171,500
Adjusted Total Revenue	\$4,308,432
Total Operating Expenditures	\$4,395,442
Net Operating Income (Loss)	(\$87,010)
Depreciation	\$471,546
Total Net Operating Income (Loss)	(\$558,556)
Changes in Unrestricted Net Assets	(\$558,556)
Unrestricted Net Assets - Beginning	\$6,100,541
Unrestricted Net Assets - Ending	\$5,541,985



Over 50% of our operating revenue is given through philanthropy by grantmakers, sponsors, and individual donors

2025 by the Numbers



99,941

museum guests



21,346

field trip attendees



22,849

students in educational programs



23

interns

3,400+

internship hours



514

active
volunteers

10,074

hours of service
in the community



26

community
partners

14,000+

community guests
at 38 events

Social Media



@thehealthmuseum
4,302,672 views
2,163,047 reach



@thehealthmuseum
579,310 views
171,606 reach



@thehealthmuseum
901,556 views
703,034 reach



@thehealthmuseum1515
1,205,364 views
287 subscribers



@thehealthmuseum
23,382 views
889 followers

7,012,284

total views

5X growth

from 2024



3,037,687

total reach

2x growth

from 2024



46,299

content interactions



53,181

total clicks



✓ No. 1 Top Reel



44.1 K views

✓ No. 2 Top Reel



33.8 K views



54,996
total profile visits

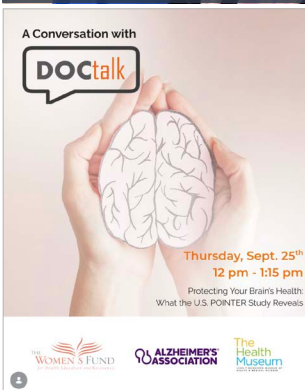
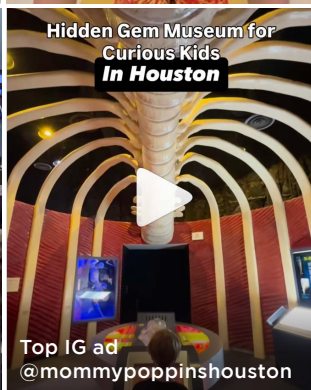


26,020
total followers



+6,347
new followers

Across social media channels, The Health Museum shares engaging, timely science content, behind-the-scenes moments and playful trends—keeping new and returning audiences connected to what's happening at the museum and in medical science.



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“My favorite part of the museum is seeing the wonder in our visitors’ faces, especially children, as they explore and discover something new. That excitement reminds me why supporting the museum is so meaningful.”

– Susan Bickley,
Chair, Board of Directors



2025 Consortium Partners



2025 Affiliations



funded in part by the
City of Houston
through Houston Arts Alliance

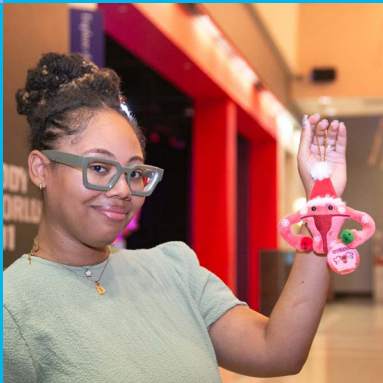




Health



Medical Science



Human Body



Community Wellness



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(713) 521-1515

thehealthmuseum.org

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