



The
Health
Museum

JOHN P. MCGOVERN MUSEUM OF
HEALTH & MEDICAL SCIENCE

FIELD TRIP GUIDE 2025-2026



TOUR MUSEUM EXHIBITS

STANDARD COST

\$8/STUDENT

Title I discount \$5/student

FALL 2025

Now - Feb. 1, 2026



BODY WORLDS 101

Designed specifically for The Health Museum's gallery, this captivating exhibition showcases real human specimens preserved through plastination and focused on health and well-being. Discover the beauty of anatomy and gain an understanding of what makes us human!

Specimens on display are from the Institute for Plastination body donation program.

Now - Jan. 4, 2026



RECLAIMED CREATIONS

Explore the incredible sculptures that artist Sayaka Ganz created from discarded plastic while learning about the science of plastic and its impact on our world. Sculptures in the exhibition include recent installations of animals in motion which are rich in color and energy and create an illusion of form. A great way to bring the new science TEKS to life.

SPRING 2026

Jan. 15 - May 13, 2026



LEONARDO'S LAB

Experience the art, science, and engineering of Leonardo da Vinci! Design structures, solve math puzzles, try your hand at backward writing, and engineer with simple machines!

March 7 - Sept. 7, 2026



THE JOURNEY TO END CANCER: FROM CAUSE TO CURE

Designed for both kids and adults, this groundbreaking STEM exhibition explores the latest advancements in cancer detection, treatment and prevention. Discover the cutting-edge therapies and transformative research that are revolutionizing cancer care in this immersive and hands-on experience.

ADD-ONS | ORGAN DISSECTIONS



Take a seat inside the McGovern theater and follow a live dissection of a cow eye or a sheep heart performed by one of the Museum science educators. Each demonstration hosts up to 125 attendees.

FOR ALL AGES

45 MINS

\$50/SESSION



Under the guidance of a science educator, students will learn about the structure and function of major organs, with an up-close look at the unique animal adaptations.

PK-12TH GRADE

45 MINS · 10-30 STUDENTS



ORGAN DISSECTION CHOICES



DIY OWL PELLET

PK-3RD GRADE

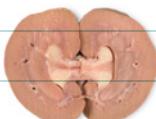
\$6/STUDENT



DIY COW EYE

5TH-12TH GRADE

\$8/STUDENT



DIY SHEEP KIDNEY

6TH-12TH GRADE

\$12/STUDENT



DIY SHEEP HEART

6TH-12TH GRADE

\$12/STUDENT

ADD-ONS | DEBAKEY CELL LAB

GET UP CLOSE AND PERSONAL WITH CELLS IN THE DEBAKEY CELL LAB. STUDENTS SUIT UP WITH LAB COATS, GLOVES, AND GOGGLES AND EXPERIMENT WITH A VARIETY OF LAB TECHNIQUES AND LAB EQUIPMENT.

All lab experiments are available in English and Spanish. Seating for each experiment is limited. Every student will not be able to perform the same experiment. Experiment availability and timing are up to the discretion of The Health Museum staff.



STUDENTS MUST BE ACCCOMPANIED BY AN ADULT CHAPERON

PLEASE SELECT UP TO TWO EXPERIMENTS PER VISIT

5th - 12th GRADE

30 MINS • \$5/STUDENT

15 student minimum for
exclusive use of the lab

DNA DISCOVERY

Extract long, stringy DNA strands and learn its role in coding for life.



CHEEK CELLS

Stain and examine a small sample of your cheek cells under a microscope.

BLOOD TYPING

Test, observe, and discover different blood types.

TESTING ANTIMICROBIAL

Determine which common antimicrobial product is most effective in killing bacteria.

MYSTERY MICROBES

Identify living bacteria cultures using chemical tests, stains, and a microscope.



LOOKING AT BLOOD CELLS

Make, stain, and look at a sheep blood smear through a microscope to appreciate different types of blood cells, RBCs, WBCs, and platelets (with human blood smear samples in the lab).

ADD-ONS | DEBAKEY CELL LAB ANNEX

DEBAKEY CELL LAB ANNEX IS AN EXTENSION OF THE LAB WHERE ALL STUDENTS CAN PARTICIPATE IN THE SAME EXPERIMENT IN GROUPS. STUDENTS SUIT UP WITH LAB COATS, GLOVES, AND GOGGLES.

Experiment availability and timing are up to the discretion of The Health Museum staff.



- STUDENTS MUST BE ACCCOMPANIED BY AN ADULT CHAPERON
- PLEASE SELECT ONE EXPERIMENTS PER VISIT

2nd - 12th GRADE

30 MINS · \$5/STUDENT

DNA DISCOVERY

2nd - 12th GRADE

Extract long, stringy DNA strands and learn its role in coding for life.

TYPING RED

Test, observe, and discover different blood types.

MOLECULES ON THE MOVE

Observe the molecules in motion across the membrane, the key to how cells work.



PEE-KA-BOO

5th - 12th GRADE

Become a pee detective! Analyze synthetic urine samples to uncover how kidneys help you keep a healthy body.

ENZYME IN ACTION

Become an enzyme explorer! See how lactase breaks down milk sugar in action!

WHODUNIT

Gel electrophoresis in action—investigate a crime and learn about the most common lab technique.

CELL MUNCHING*

Observe phagocytosis—also called “cell eating”—by studying the protozoan Tetrahymena. They’ll see how these single-celled organisms take in food particles, giving them a close-up look at one of the ways cells survive and function.

*Note: This experiment is a part of the ASSET program funded by the NIH SEPA grant.



ADD-ONS | DISCOVERY LABS

FOR 5TH-12TH GRADE

45 MINS

\$8-\$10 PER STUDENT



CLINICAL CASE LABS



SKILLS LABS

BRAIN & VAPING ADDICTION

In this session, we dive deep into the brain's response to nicotine and the science behind vaping addiction. Explore how brain cells are affected by vaping, and learn what makes it so hard to quit.

MYSTERIES OF THE CARDIOVASCULAR & RESPIRATORY SYSTEM

This unique program invites participants to dive deep into the intricacies of the cardiovascular and respiratory systems through a captivating case study. Students will also have the opportunity to interact with our Synthetic Cadaver, enhancing their hands-on learning experience.

CELLS & MITOSIS

Learn mitotic stages, examine them under a microscope, and prepare slides from real cell samples. Observe and identify mitosis phases with educator guidance. Engage in interactive discussions to deepen your understanding and share your findings. Perfect for anyone eager to explore the microscopic world of cell biology!

CPR LAB*

This class equips students with essential knowledge and skills in cardiopulmonary resuscitation skills (commonly known as CPR). Students will be taught a fundamental understanding of the human heart, basic cardiovascular information, and the ability to confidently perform chest compressions.

*Please note that the CPR Lab is not a certified CPR class but focuses on teaching chest compressions and basic CPR techniques to foster confidence and interest in emergency situations.

SUTURING LAB

This experience introduces the skin's vital role and the importance of wound closure. Students will handle various suturing instruments, understand different suture materials, and master suturing techniques tailored to different wound types and locations.

SPLENTING LAB

Explore the art and science of splinting. In this lab, students will learn to assess injuries involving bones and joints, and understand how immobilization aids the healing process. They will also create a custom splint to stabilize and protect injured bones.

ADD-ONS | HEALTH ADVENTURE EARLY CHILDHOOD CLASSES

FOR PK-3RD GRADE
30-45 MINS
\$3-\$5/STUDENT



HEALTHY HABITS

Healthy Habits is an engaging and interactive hands-on class designed to empower children with essential skills for lifelong well-being. Through creative arts and craft activities, students will learn how physical fitness and nutrition play a part in maintaining a healthy body.

SQUEAKY CLEAN

In this fun, interactive hands-on class designed exclusively for young learners, the focus is aimed at instilling the importance of good hygiene habits. Students will learn how to develop routines that promote good health and hygiene!

BUSY BODIES

Go on a wild ride inside and out to discover the secrets of the amazing human anatomy, from your brain's brilliance to your heart's rhythmic dance, uncover the mysteries that keep your body bustling 24/7.

THE POOP-TASTIC ADVENTURE

Get ready for some sassy science, and talk human poop, animal poop, and how we can keep our digestive systems healthy. Learn fun scientific facts while making poop slime!

WHAT TO KNOW BEFORE YOU BOOK

- We recommend that you book your trip at least 4 weeks in advance
- A \$50 non-refundable deposit is required once your field trip is confirmed by the museum
- Title I schools will need to provide LEA ID and campus number on the reservation form
- The museum requires a ratio of 1 chaperone per every 10 students. Required chaperones will be admitted free of charge and each additional chaperone is \$8 per person
- Add-on labs & classes are facilitated by a museum science educator and subject to educator availability
- Labs & classes at The Health Museum align to the state and national standards in Science, Technology, Engineering, Art, and Math (STEAM) content
- Ready to book? Submit a field trip reservation form on thehealthmuseum.org/programs/field-trip





BOOK YOUR FIELD TRIP

Please contact us at

 reservations@thehealthmuseum.org

 [713-337-8451](tel:713-337-8451)

 [1515 Hermann Drive, Houston, TX 77004](https://www.google.com/maps/place/The+Health+Museum/@29.750000,-95.366667,17z)

 thehealthmuseum.org

FOLLOW US

 @thehealthmuseum

 /thehealthmuseum

 @thehealthmuseum

 @thehealthmuseum1515

 /company/thehealthmuseum